

The Dance Warehouse

239-275-5678

September 2015

Volume 2 Issue 8

The Director's Corner

Dance Families,

September is upon us and we are heading into Fall faster than we can speak it! TDW began their August with a blast! We had numerous programs begin this season with our **Swiss-American Ballet Academy**, **Susan Niekamp Studios**, our Master Classes started right out of the gate, and classes are in full swing, many of them almost full! What a blessing!

September promises to be a super busy and exciting month for TDW! We have Master Classes coming on board with **Jason Marquette** from the NY Film Academy and the ever famous and amazing **Rachelle "Sas" Rak** right here in our very own studio! What an amazing opportunity for our students and all of Fort Myers! I hope each of you will take advantage of each! Sign up on-line or at our front desk! You cannot beat the convenience or the price! No travel or flight, hotel, or food prices on top of class prices with the opportunity to take class, ask questions, get feedback, purchase her exclusive dance "Sas" wear, and hear her story, on an up close and personal basis!

Then in October the wonderful Desiree Robbins from Los Angeles, California visits for a weekend of Jazz and Progressions, Heels Class and fabulous training. Mark your calendars now for October 9-11!

It is my hope that if you are a young lady, you have enjoyed the use of our new dressing room and everyone has enjoyed the new Aqua Stations we have installed. As parents of young ladies, please encourage them to change clothes IN the dressing room and not the restrooms. This allows the restrooms to remain open for all to us as needed. Thank you.

It is my hope that you have been reading the emails that have been coming out. We have had a few shifts in our class schedule and we want to make sure everyone is aware of those changes. We have added a Musical Theater Class, made a shift in our Acro Class Schedule. So check out the current and updated schedule on our website.

As with each of our TDW Newsletters, this one is filled with a great deal of very exciting news and information that is very important and pertinent to our studio and thus, your dancer and family. Please take time to read through the entire document.

Our studio is closed for Labor Day but IS OPEN on September 14th!

Merde'

Chery

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TDW-SABA:

We are excited to announce the extension and addition of exemplary dance training through our new Swiss-American Ballet Academy. The Ballet Academy is by audition only and all classes are 90 minutes in length.

Our Academy Master Workshop 3 day workshop was held and was very successful!

Placement Auditions were held and the following dancers were placed in the TDW-SABA 2015-16.

Level I/II

Fayth Carter

Alexandra Davidson

Sophia Gebara

Lyla Roland

Alexis Scarmozzino

Kiana Valett

Emma Van Hoose

Level III/IV

Grace Basey

Ava Devine

Ines Kabbadj

Jade LeBleu

Sophie Roland

Congratulations to our TDW-SABA inaugural students!

UpComing Events

Sept 2: BI Auditions: 25th Annual

Sept 5-6: CP Lock In

Sept 7: Labor Day; Studio Closed

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Sept 11: Master Tap Classes with Jason Marquette (sign up on-line) Beginning Tap 5:00 PM; Int./Adv. Tap 6:00 PM (Privates by request)

Sept 14: Rosh Hashanah: Studio Open

September 26-27: ****THEATRICAL JAZZ WITH RACHELLE RAK****

Saturday:

Beginning Broadway/Theatrical Jazz 12:00 -1:30 pm

Intermediate Broadway/Theatrical Jazz 2:00 - 3:30 pm

Advanced Broadway/Theatrical Jazz 4:00 - 6:00 pm

Sunday

Broadway "Union" Audition I 9:00 - 10:00 am

Immediate Audition I Feedback 10:00-10:30 am

Broadway "Union" Audition II 11:00 - 12:00 pm

Immediate Audition II Feedback 12:00 - 12:30 pm

Lunch 12:30-1:30

Q and A 1:30 - 2:30

October 10-11: Jazz and Progressions with Desiree Robbins

Inside The Warehouse

Updates:

The Dressing Room is now complete and is already in use! Enjoy and help us keep it clean. Please be courteous of others and parents help keep our dancers changing in the dressing room versus the restrooms please. Thank you!

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NEW MERCHANDISE FOR SALE: Our TDW H2GO Water Bottles are in and are the perfect accessory for use with our new Aqua Station. They are on display in the retail area and are on \$15.00. Limited supply!

PARENTS: Please remember our walls in the back are not soundproof. When you are observing in our hallways, we ask that you keep your volume to a whisper so as not to distract our students. We also ask that you please keep your children quiet in that area as well. Thank you!

Spotlight of the Month:



Lisa Heggendorf is a native of Switzerland who began her studies at a young age at the Maria Gorkin Academy of Classical Ballet, as well as the Ballet Opera House Basel and Fred Aenis Ballet Academy.

She received a scholarship to attend Steps on Broadway in New York City. She performed throughout the US, Switzerland, Italy and France. For five years she was a member, performer and choreographer at the International Dance Festival in New York City.

Her versatility as an artist can be attributed to her extensive multidiscipline dance education, as well as her performance experience in numerous dance productions. Lisa has choreographed and produced shows in Switzerland and New York. Her company performed at various festivals and shows throughout Switzerland.

She has also choreographed regional and national winning solos in New Jersey. Lisa was a member of the International Theater Festival winner (Peg O' My Heart) musical in New York City. Her work ranges from classical ballet, jazz, lyrical, musical theater, tap, floor barre, acrobatics, workout and Pilates reforming.

Recently Lisa received her green card as an exceptional artist and is a member of the International Dance Council CID at UNESCO.

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Inside the Classroom:

For those family members who are unable to observe your dancer in class, this section of our newsletter will give you an overview of what they are doing and learning in class each month and information that faculty would like for parents to know.

Miss Amanda

Monday: 4:00PM-4:45PM- Pre Jazz

This month we have been working on chasses, kick ball change, chaine turns, spotting, and the class favorite, jazz walks. Jazz walks are their favorite part of the class. I love working with the girls each week.

Monday: 5:45PM- 6:45PM- Jazz 1

This month we have been working on passes, chasses, kick ball change, chaine turns, spotting, and the class favorite, jazz walks. Jazz walks are their favorite part of the class. I love working with the girls every week.

Miss Charity

Tuesday:

Jazz II-

We have been reviewing and perfecting chaine turns, saute de chats, and pirouettes. We have spent time breaking down our pirouette and working on holding our supporting leg tight and balancing a proper posse with strong arms, utilizing the proper muscles. We have begun working on Fan Kicks.

Int. Leaps and Turns-

We have been reviewing pirouettes, chaines turns, pique turns, and pique fouette turns going across the floor. Across the floor we have be doing grand jetes, saute de chats, "Second" leaps (leaps in a la seconde), and sissone leaps. We have been working on proper landing, rolling down toe/ball/heel and landing with plie.

Wednesday:

Beg Leaps and Turns-

We have been reviewing pirouettes, chaines turns, piques with and without turning. We have been focusing on our posture and engaging our abs and proper muscles when using our arms in our turns. Across the floor we have be doing grand jetes, saute de chats, sissone leaps, and

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axel jumps. We have been working on proper landing, rolling down toe/ball/heel and landing with plie.

Lyrical/Contemporary IV-

Working on proper pirouette execution, 2, 3, and 4 pirouettes landing in our posse position. We are working on turns in a la seconde and various turn combinations. We are doing jazz tour jetes, switch leaps, "hello-goodbye"leaps. Combinations in the center to work all elements.

Adv. Leaps and Turns-

We have been reviewing pirouettes, chaines turns, pique turns, and pique fouette turns going across the floor. For a further challenge we have started different "leg grab" turns in various positions. We have also been working on attitude turns. Across the floor we have be doing grand jetes, saute de chats, "Second" leaps (leaps in a la seconde), capezio leaps and sissone leaps. We have been working on proper landing, rolling down toe/ball/heel and landing with plie.

Jazz III-

Working on 2, 3, and 4 pirouettes, proper execution of saute de chat leaps and a la seconde leaps. We work on progressions across the floor to learn transitioning through steps and combining multiple steps together. Combinations in the center to work all elements.

Thursday:

Lyrical/Contemporary II-

Breaking down elements of various turns, chaine, pique, pirouettes, including proper arms, and posture. Working on progressions to improve fluidity and quality of movement and connection with music.

Combo II-

Beginning ballet class learning first position: plie, tendue, chasse, and stretching in the center. In tap we shuffled, and flapped, and worked across the floor: heel toe, toe heel. In tumbling we worked on front rolls, monkey hops, snakes, and table walks.

Tap I-

We start at the barre with shuffles, stuffle ball change, flaps. We began working on single heel paddles, riffs, Irishes, flap ball change across the floor and a combination putting all steps together.

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Cheryl

Broadway Intensive: Please see your own section in Newsletter!

Jazz IVAs we review traditional jazz lines, progressions and combinations, this class will focus on varying and diverse styles of jazz throughout the year so that dancers are building their technical base along with their knowledge of traditional jazz lines and at the history of jazz to include styles of jazz legends.

Tap III

This class is a quick study for the older girls in the class and trained technique for those moving up through the levels. With me as a new tap teacher for most the style and the combinations are different and therefore can be challenging for old and new students alike. I look forward to working with the students on musicality and tricks once all basics are clean and strong, up through pullbacks, wings, and other advanced basic skills.

Tap IV

This class will be fun as we begin to mix traditional tap with hoofing and challenging combinations. Having the basics learned and clean allows for the fun to come into play and challenge themselves with level of difficulty. From slides to walkovers, single toe wings and more, we are in for a fun year! I cannot wait!

Tap II

This class is a fun class that is working hard. They want to have those skills that allow them to know tap and understand it. They are working to understand the difference in the dynamics of the feet and legs and balance that come in to play versus when they are dancing jazz or contemporary.

Combo I (Th and Sat)

These dancers are working hard and are using good listening skills to understand what we do and when we do it. They have learned Ballet positions 1st and 2nd, Por te bras, Leaps and Jumps, Chasse's, Forward Rolls, Crab Walks, Bridges, Heels, Toes, Shuffles. I am so proud of these dancers.

Combo II

These dancers are off to a great start. We are already on to 3rd position, pas de bourree, saute', eschappe, arabesque, flap and flap heel and we are only in our 3rd week! I could not be more excited to see what these dancers do in the coming weeks.

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Lyrical/Contemporary III

This class is such a fun class. Hungry to dance and soak it all up. I look forward to pushing them to try different styles and movement that is challenging for them. Learning to reach beyond where they believe they can, sink lower than they think they can sink, finding those moments in the music.. that is part of what we will explore this season, continuing to push technique.

Broadway Intensive Program:

We are well on our way with The 25th Annual Putnam County Spelling Bee! We have worked vocally, done a read through, discussed the audition process, learned a dance combination, and are headed into auditions Wednesday, September 2nd.

Each parent should have submitted a Gmail to the front office so that you may have access to the BI Google calendar. That is where the entire schedule will be posted going forward for all of the season. Please make sure to do so if you have not already. To date, we only have a few parents with Gmail addresses.

Dancer's Haven

TDW Water Bottles on Sale for Limited Time!

Refer a friend: If you refer a friend, and that friend signs up and pays for the month of classes, you can receive 50% for one of your classes that you take for the month!

Follow us on Instagram [the_dance_warehouse](#)

TEAM NEWS:

Team(s) Facebook Page

Remember to join our team Facebook page so that you will see current information on an on-going basis.

- Upcoming events:
- Lock-in

TDW Dress Code For All Dancers

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Dress Code: Please refer to your student handbook for our dress code. For ballet, all students must have hair in neat, clean bun. Pink, **footed** tights and black leotard are required for all general Ballet classes. Ballet is our only specific dress code requirement.

TDWSABA has a specific dress code with a different color leotard required.

***Please refer to your informational packet for this

****Used Rehearsal tutus if needed are for sale (see Ms. Cheryl)

Dancing Ahead:

Demonstrator/Teaching Assistant Program: If you are Middle School or High School student and are interested in being a class Demonstrator/Assistant, please let the front desk know. This is an opportunity to learn how to manage a class, teaching skills and the other side of running a studio or teaching a class. It is a great skill to hone prior to going off to college! You never know what job you may get!

Social Media: Be sure and follow us on Pinterest: Command Performance Board, Instagram: [_the_dancewarehouse](#), and of course on FB and Twitter! We hope to have an app for TDW soon! We will keep you posted.



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If you are always looking side to side, you will never move forward!
Dance Strong!

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